Recipe ingredient scaling sheet

Scale ingredient amounts for a different number of servings.

Three steps

1. Check original servings
2. Calculate the scaling factor
3. Adjust each ingredient

A worked example

Ingredient	Rice
Original amount	200 g
Original servings	4
New servings	6
New amount	300 g

200 times six divided by four gives 300 g.

Cooking times and seasoning may not scale linearly.

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Use one row per item or decision. Start with what you know.

Ingredient	Original amount	Original servings	New servings	New amount

My next action / when