Vet visit question and follow-up sheet

Keep observations and questions organized for a vet appointment.

Three steps

1. Record observable changes
2. Prepare relevant history
3. Write the veterinarian's instructions

A worked example

Observation	Reduced appetite
Started	Tuesday
Question	What should I monitor?
Vet instruction	Record answer

Describe the observation and ask the veterinarian for guidance.

Seek prompt veterinary help for concerning symptoms.

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Use one row per item or decision. Start with what you know.

Observation	Started	Question	Vet instruction

My next action / when